

THE RIGHT BICYCLE FOR YOUR OVERLAND TRIP

CAPE COD & THE ISLANDS, VERMONT, NEW ENGLAND COAST AND NOVA SCOTIA & ACADIA: A touring bike, hybrid bike, mountain bike or sturdy road bike with the right components will work well. You can also choose to rent a bicycle from Overland for use on one of the above programs. You will indicate your preference later, as part of the enrollment process.

PACIFIC COAST, 3-WEEK CANADIAN ROCKIES & MONTANA AND CALIFORNIA: A touring bike or hybrid bike will work well. Mountain bikes are not allowed. If you are considering doing the **American Challenge, European Challenge** or **2-week Canadian Rockies & Montana** in the future, please see the below list for acceptable bikes. You can also choose to rent a bicycle from Overland for use on one of the above programs, though be aware that we do not offer rentals for **2-week Canadian Rockies & Montana**. You will indicate your preference later, as part of the enrollment process.

AMERICAN CHALLENGE, EUROPEAN CHALLENGE AND 2-WEEK CANADIAN ROCKIES & MONTANA: One of the following bikes is required: the Trek 520*, the Surly Long Haul Trucker, the Fuji Touring, the Salsa Marrakesh or the Novara Randonee**. The bike must be in excellent condition and have been purchased in the past 48 months.

Please note: performance road or racing bicycles and carbon frames are not acceptable on any Overland bike trips.

* Starting in 2017, the Trek 520 will only have mechanical disc brakes. This is acceptable.

** The Novara Randonee was discontinued in 2017. A model from the past 48 months is acceptable.

TYPES OF BICYCLES

All bicycles must fit the following specifications:

- A triple chain ring in front and at least 24 gears.
- Quick release front and back wheels.
- Two water bottle cages with water bottles.
- A good quality rear rack designed to carry 40+ lb loaded panniers. Racks that attach to the seat post are not acceptable.
- 28-35 mm road tires (not knobby off-roads tires)
- Rim brakes or mechanical disc brakes; hydraulic disc brakes are not acceptable, as repairs require a visit to a bike shop.
- Mountain bikes should weigh 30 pounds or less and may NOT be fully suspended (front suspension is acceptable); mountain bikes are typically heavier than hybrid bikes, and on a longer trip the difference in weight is noticeable.
- Touring bikes should be made of steel and have at least 32 spokes per wheel.
- Hybrid bikes may be made of aluminum or steel; carbon frames are not acceptable.

Note: Performance road or racing bicycles are not acceptable on any Overland trips, as they are not designed to carry weight.

IF YOU PLAN TO PURCHASE A NEW BICYCLE

- Look for a quality bicycle. Typically, quality bicycles cost between \$500 to \$1000 (touring bikes are more—\$1050 to \$1450).
- Choose a bicycle that fits you. Visit a bike store, have them fit you correctly to a frame, and select features that are comfortable for you (handlebars, seats, pedals etc.).
- If you are considering doing the American Challenge, European Challenge or 2-week Canadian Rockies & Montana in the future, please note that specific bikes are required (see above).
- Feel free to give our office a call at any point during the process; we are more than happy to speak with you or with anyone in a bike shop who may have questions.

Questions? Concerns? If you have any questions or concerns about a bike you are considering, or about the appropriateness of your bike, contact bikes@overlandsummers.com.