

## WRITING & HIKING NEW ENGLAND Packing List

### Things to know

- We travel light on Overland trips; please only bring items on your packing list.
- Your group will have access to laundry periodically.
- Please do not bring any electronics (including your cell phone). See FAQs for more information on our cell phone and electronics policy.
- Do not bring any type of knife or multi-tool (such as a Swiss Army knife or Leatherman tool).
- There are no reimbursements for lost, damaged or stolen items.
- Overland provides you with a laptop. If you have writing samples you want to bring with you, bring those documents on a flash drive or as a hard copy.
- Please wear the navy Overland shirt that you will receive from the Overland office to your trip start location.

Please know that if your student arrives sick at trip start, they will not be allowed on the program. For more information on the packing list, please refer to the "What to Pack" tab on your trip's page on the website.

### Luggage

- Medium-Sized Duffel Bag

### Clothing

- Navy Overland Shirt (1)
- Pants (1)
- Synthetic Shorts (3)
- T-Shirt (4)
- Synthetic Long Underwear Top & Bottom (1)
- Athletic Socks (pair) (5)
- Wool and/or Synthetic Socks (4)
- Underwear (7)
- Pajamas (1)
- Swimsuit (1)

### Outer Layers

- Waterproof Raincoat (1)
- Fleece Jacket or Pullover (1)

### General Gear

- Day Pack
- Sleeping Bag
- Flashlight or Headlamp & Extra Batteries
- Bowl, Mug & Utensils
- Water Bottle

### Footwear

- Waterproof Hiking Boots
- Water Shoes
- Sandals (pair) (optional)

### Travel Documents

- Photo Identification
- Unaccompanied Minor Fee Receipt (if applicable)
- Baggage Fee Receipt (if applicable)

### Miscellaneous

- Extra Long Twin Linens
- Small Bath Towel
- Toiletries
- Sunscreen (SPF 15+) & Chapstick (with SPF protection)
- Sunglasses
- Beach Towel
- Spending Money
- USB Flash Drive
- Personal Journal or Book (optional)
- Room Fan (optional)
- Camera, Charger & Extra Batteries (optional)
- Health Insurance Card

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